

Holy Family School PE Long Term Plan 2024 2025



Year Group	Autumn	Spring	Summer
Nursery	Travel & Movement	Throwing & Catching & Dance	Games & Athletics
Reception	Jump Start Johnny Tag rugby	Ball Games Dance Gymnastics	Hit and catch skills Athletics
Year 1	Multi-skills Gymnastics	Hockey Dance	Cricket Athletics
Year 2	Football Tag rugby	Hockey Multi skills	Cricket Athletics
Year 3	Multi skills Tag rugby	Football	Cricket Athletics
Year 4	Tag rugby Football	Hockey Basketball	Cricket Athletics
Year 5	Invasion games Tag rugby	Gymnastics Striking/fielding	Cricket Athletics