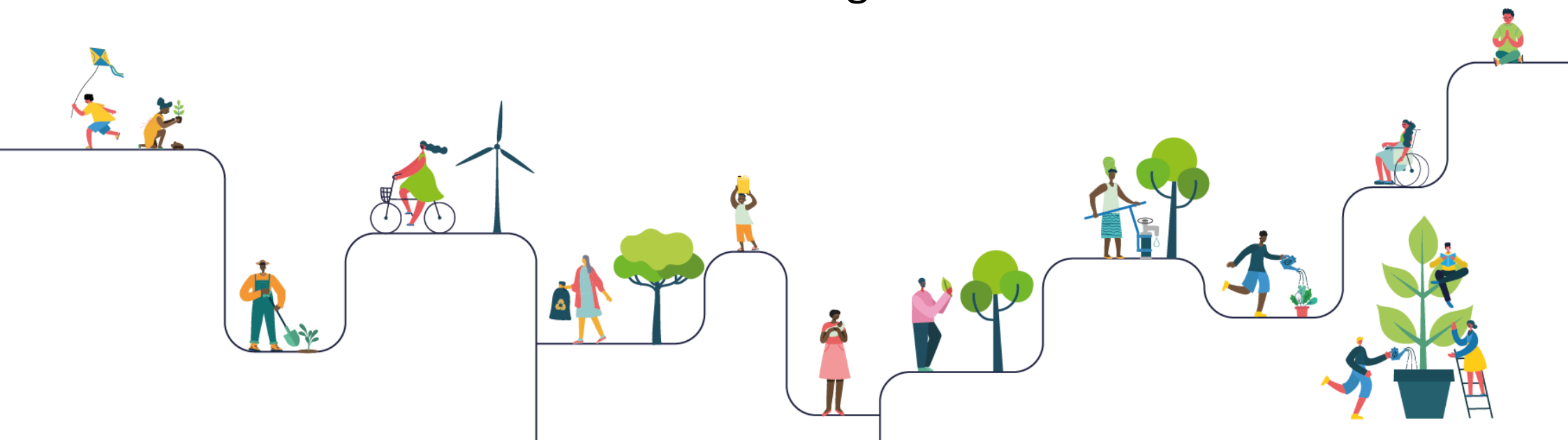


LiveSimply

NAME OF SCHOOL : Holy Family

CONTACT NAME : Pauline King



The **Live**Simply action planning form

Please refer to the **LiveSimply** action planning guide for details on how to fill out this planning document.

<p>GLOBAL</p>	<p>Description of action: Live Simply</p> <p>Sharing with others. We will take part in World Food Day 16th October (feeding 5000). The Liturgical Leaders will organise opportunities for the children and their families across the school to donate food which will be delivered to St Chad's Sanctuary.</p> <p>Faith Input: Link to virtues Grateful and Generous and Poor and Vulnerable (CST) engage with different members of their community, especially those who are vulnerable and in need of God's loving mercy.</p> <p>Education input: Understand the the role of St Chad's Sanctuary and the Fireside. There will be a focus on where our food comes from and the benefits of eating a healthy diet.</p>	<p>Description of action: Live Sustainably Fund raise for Cafod. The children will hold some fundraising events where money will be raised so that each class can choose a present to buy from the Cafod website to help transform the lives of families experiencing poverty. Ask a representative from Cafod to come and speak to the children about Cafod.</p> <p>Faith Input: Prayer and Liturgy focus for each class -thanking God for the work that Cafod does to help others.</p> <p>Education input: Vocations - people who work to help others in our community and globally. The children will learn about natural disasters around the world which effect the lives of people who live in those countries. Each class to choose a country and in assembly explain what has happened and how Cafod has helped.</p>	<p>Description of action: Live in Solidarity By being a School of Sanctuary we will continue to learn about refugees and will raise money to support them. Christmas Box Appeal. Valentine Day appeal. Stories of Hope and Home.</p> <p>Faith Input: I was a stranger and you invited me in. —Matthew 25:35. Prayers for refugees.</p> <p>Education input: To continue to embed opportunities into the curriculum so that the children have opportunities to learn about refugees and how we can support them. Take part in refugee week. Link to Solidarity and the Common Good CST)</p>
<p>LOCAL</p>	<p>Description of action: Eco Warriors to add a live simply action to our school and parish newsletter each week.</p> <p>Faith Input: Link to CST -solidarity and discipleship for the common good. Link to key virtues- learned and wise, faithfilled and hopeful.</p> <p>Education input: To help people in our community to become more aware of taking care of the world that we live in.</p>	<p>Description of action: Inspired by' Laudato Si' we will think about how we can recycle within school and within the parish -pens, batteries, paper, school uniform.(Link to Stewardship CST)</p> <p>Faith Input: Responding to Pope Francis' call to look after our world -Laudato Si.</p> <p>Education input: Science - looking after our habitats and the world we live in. Enviromental impact of global warming.</p>	<p>Description of action: Litter Pick with parents, children and members of the community.The litter that is picked will be recycled.</p> <p>Faith Input: Stories of Creation. Link to our virtues of Curious and Active.</p> <p>Education input: Learning about our responsibility to look after our planet and climate change. Whole school writing project 'The Girl who plannted Trees'</p>
<p>SCHOOL</p>	<p>Description of action: The children to create Live Simply Pledges for a display in our Prayer Garden. Invite families to create their own pledge to be shared in school.</p> <p>Faith Input: Each year group will take it in turns to write a Live Simply prayer which will be included in our newsletter each week.</p>	<p>Description of action: Organise collective worship opporunities in the prayer garden to thank God for the wonderful world that he has given us.</p> <p>Faith Input: The organise their prayer and liturgy with opportunities for prayers and meditation. Link to CST.</p>	<p>Description of action: The children will write to MPs about the local and global environmental issues that concern their school and family and will suggest ways to change these.</p> <p>Faith Input: Vocation to care for God's creation.</p>

	<p>Education input: The children will learn the 'Laudato Si' Hymn.</p>	<p>Education input: Bringing nature and outdoor space to our Prayer and Liturgy. Link to 'Laudato Si' Collective worship.</p>	<p>Education input: The children will carry out research in our area about local environmental issues that can be improved.</p>
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LiveSimply

Criteria for live simply: To take action towards living a simpler lifestyle including slowing down and finding time to pray and reflect, refusing and reducing on what we consume, spending more time on the simpler things in life including reflective time with family and friends, time in nature.

Brief description of main action:

The members of our Mini Vinnies will lead on the development of our School Prayer Garden to promote a care and love of creation. They will organise opportunities for Prayer and Liturgy in the prayer garden to thank God for the wonderful world that he has given us. Live Simply Pledges for display in our Prayer Garden will be completed by the children and their families.

How will you plan for a wider community engagement?

Opportunities for the children to share what they do with the wider community.

Invitations for parents and parishoners to join us in prayer opportunities in the Prayer Garden. Family Live Simply pledges written.

Sursum Corda Live Simply Day- Liturgical Leaders to write a Live Simply Prayer to share with the other schools who are part of Sursum Corda. This prayer will be shared as part of our newsletter that week.

ECO Warriors to meet halftermly to create Live Simply tips for the parish and school newsletter.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

CST-Common Good and stewardship- we are all called by God to re-engage with our environment, take responsibility for it and live sustainably.

Dignity in Work- play our part in being co-creators in God's loving act of creation.

Link to key virtues- Intentional and Prophetic.

Key focus on saints-St Francis of Assisi, St Vincent De Paul and St Josephine Bakhita

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Cafod Collective Worship Resources.

<https://cafod.org.uk/Education/Primary-teaching-resources/Collective-worship-resources>

Live Simply Materials to support with pledges.

Mission together.org.uk

Mark Mission - saints

Live Sustainably

Criteria for live sustainably: To take action towards protecting God's creation through personal actions. This can include taking action on how much we use and throw away, supporting the work of eco clubs and other eco initiatives, taking environmentally positive action in the local community.

Brief description of main action:

To live sustainably within our school and local community.

Our Eco team will organise and lead a variety of initiatives across the school to help us to protect God's creation.

As a school we will take part in 'No electricity day' - as part of Live Simply Week inline with our Sursum Corda colleagues- Tuesday March 21st

The Eco Monitors will lead in the recycling of paper, pens, plastics and batteries.

We will take part in Global Recycling Day - March 18th 2023.

Our Science lead with the Eco Monitors will organise school events which we will take part in on World Earth Day

Eco Team will have an opportunity to take part in an Eco Retreat which will be led by James Trewby.

Community Litter Pick.

How will you plan for a wider community engagement?

Add a live simply action to our school and parish newsletter each week.

Inspire workshop for parents led by Eco Warriors sharing ideas of how to live sustainably-waste reduction pledges made with their families.

Links with Veolia- whole school assembly

Provide recycling containers for pens and battery recycling in Holy Family Church.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

CST- solidarity and discipleship for the common good, when we value fellow human beings we respect each other as unique individuals and we can stand up for what is right for one another.

Link to key virtues - Learned and Wise, faithfilled and hopeful.

Each class take it in turn to write a live simply prayer for the newsletter each week.

St Francis of Assisi - key focus.

Missio - join prayer each day to pray for the people of different continents.

The Beatitudes.

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Pope Francis' letter, Laudato Si, encourages us to look after this great

gift for future generations. Veolia resources -E learning lessons Science- World Earth Day

Resources led by science lead.

Live in Solidarity

Criteria for live in solidarity: To take direct action to help our global family. This includes campaign action to raise awareness or challenge structures that impact negatively on our global neighbours, fundraising to help communities in need, and other global actions that make a difference to our global family.

Brief description of main action:

To share with others. We will support St Chads Sanctuary. The liturgical leaders and School Council will organise a food collection to support refugees and asylum seekers. We will invite a speaker from St Chads Sanctuary to come and speak to the children about the work that they do and will organise opportunities for the children to visit St Chad's Sanctuary.

How will you plan for a wider community engagement?

The liturgical leaders and School Council will collect food donations from both our school and parish community. They will contact Asda and Morrisons (our local supermarkets) asking for donations.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

CST- Rights and Responsibilities. Praying for different members of their society and making others aware of different charities and saints. Engaging with different members of their community, especially those who are vulnerable and in need of God's loving mercy.

In Matthew's Gospel (32:32) we hear the call: "I was hungry and you gave me food,drink, I was a stranger and you welcomed me..."

Link to key virtues - Compassionate and loving. Attentive and discerning.

Prayer focus during refugee week linked to theme of compassion-virtues

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Refugee week Resources -20th-26th June

World Book Day - Focus on books about assylum seekers and refugees.

Acting in Empathy with others -Empathy Day resources. Cafod -.Catholic Social Teaching prayers for Primary schools

To register for the **LiveSimply** award, please fill out the form below, and send in your completed action plan to the address below. Upon receipt of your registration we will send you a registration certificate for you to display in your school.

Name of School

Holy Family Catholic School

Address

763 Coventry Rd, Birmingham B10 0HT

Headteacher

Pauline King

Contact Name

Pauline King

Email Address

p.king@holyfam.bham.sch.uk

Date

Please email a copy of your plan to schools@cafod.org.uk

**CAFOD Education team,
Romero House,
55 Westminster Bridge Road,
London SE1 7JB.**

Yes, I would like to join an email list for the **LiveSimply** award where I will receive updates, ideas, links to action and further support.

CAFOD will process information you provide to us on this form for the purposes of sending you resources for the LiveSimply Award. CAFOD will keep some personal details about you on our database so we can stay in contact with you enabling us to administer and manage the LiveSimply award efficiently.

You can change your communication preferences at any time by contacting us at cafod@cafod.org.uk or 0303 303 3030.

CAFOD will never share your data for marketing. For details, see our privacy statement on www.cafod.org.uk/privacy