

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Omelette Vegetarian Sausage Fisherman's Curry	Vegetable Lasagne Salmon & Broccoli Pasta Bake Vegetable samosa	Salmon Nuggets Barmy Mixed Bean Bake Cheese Melt Roll	Mixed Bean Bake Cheese & Onion Pasty Vegetarian Burger	Cheese & Tomato Pizza Fish Fingers
Savoury Rice Potato wedges	Sweet Rice Garlic Bread	Herby Diced Potatoes Creamed Potato	Wholemeal Roll Italian Pasta	Chips Rice
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Lemon Cookies Fresh Fruit Selection Semi Skimmed Milk	50% Fruit Yoghurt Fresh Fruit Selection Semi Skimmed Milk	Fruit Muffin Fresh Fruit Selection Semi Skimmed Milk	50% Fruit Yoghurt Fresh Fruit Selection Semi Skimmed Milk	Cocoa Cracknel Fresh Fruit Selection Semi Skimmed Milk

**Additional Menu Options Available Daily**

Salad selection is available as an alternative to vegetables;  
 Fresh Drinking Water available daily  
 Chunky Bread available daily

**Week 1  
2015**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Vegetable Lasagna</p> <p>Breaded Salmon</p>	<p>Spicy Quorn balls in Tomato Sauce</p> <p>Cheese Omelette</p>	<p>Cheese and Pepper Roll</p> <p>Vegetable Burger</p> <p>Tangy Spinach &amp; Chickpea Casserole</p>	<p>Cheese Pasta Bake</p> <p>Jacket Potato with Assorted Fillings</p>	<p>Cheese &amp; Tomato Pizza</p> <p>Fish Fingers</p>
<p>Garlic Bread</p> <p>Baked Potato Wedges</p>	<p>Pasta</p> <p>Creamed Potatoes</p>	<p>New Potatoes</p> <p>Savoury Rice</p>	<p>Herby Diced Potatoes</p> <p>½ Wholemeal Pitta</p>	<p>Chips</p> <p>Savoury Rice</p>
<p>Seasonal Vegetables</p>	<p>Seasonal Vegetables</p>	<p>Seasonal Vegetables</p>	<p>Seasonal Vegetables</p>	<p>Seasonal Vegetables</p>
<p>Iced Sponge</p> <p>Fresh Fruit Selection</p> <p>Semi Skimmed Milk</p>	<p>50% Fruit Yoghurt</p> <p>Fresh Fruit Selection</p> <p>Semi Skimmed Milk</p>	<p>Fruit Muffin</p> <p>Fresh Fruit Selection</p> <p>Semi Skimmed Milk</p>	<p>50% Fruit Yoghurt</p> <p>Fresh Fruit Selection</p> <p>Semi Skimmed Milk</p>	<p>Cocoa Crunch</p> <p>Fresh Fruit Selection</p> <p>Semi Skimmed Milk</p>

**Additional Menu Options Available Daily**

Salad selection is available as an alternative to vegetables;  
 Fresh Drinking Water available daily  
 Chunky Bread available daily

Week 2

2015

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Hot Pot Tempura Battered Fish Fillet	Roast Vegetable Flan Vegetable Samosas	Tuna & Red Onion Frittata Quorn Sausage	Chickpea Hotpot Salmon & Broccoli Bake Cheese Pastie	Cheese & Tomato Pizza Fish Fingers
Mini Yorkshire Pudding Herby diced potato	Savoury Rice Cheese Scones	Dry Baked Jacket Wedges Soft Roll	Whole Naan New Potatoes	Chips Savoury Rice
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Shortcake Fresh Fruit Selection Semi Skimmed Milk	50% Fruit Yoghurt Fresh Fruit Selection Semi Skimmed Milk	Citrus Sponge Fresh Fruit Selection Semi Skimmed Milk	50% Fruit Yoghurt Fresh Fruit Selection Semi Skimmed Milk	Vanilla Ice Cream Fresh Fruit Selection Semi Skimmed Milk

**Additional Menu Options Available Daily**

Salad selection is available as an alternative to vegetables;  
Fresh Drinking Water available daily  
Chunky Bread available daily

**Week 3  
2015**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cheese Panini</p> <p>Spinach Casserole</p>	<p>Salmon in Breadcrumbs</p> <p>Cheese &amp; Potato Pie</p>	<p>Crunchy Fish Mornay</p> <p>Spicy Quorn Balls in Tomato Sauce</p>	<p>Tomato Pasta Bake</p> <p>Jacket Potato with Assorted Fillings</p>	<p>Cheese &amp; Tomato Pizza</p> <p>Fish Fingers</p>
<p>Garlic Bread</p> <p>Parsley Potatoes</p>	<p>Baked Beans</p> <p>Dry Baked Jacket Wedges</p>	<p>Dry Baked Garlic &amp; Herb Roast Potatoes</p> <p>Pasta</p>	<p>Garlic Bread</p>	<p>Chips</p> <p>Rice</p>
<p>Seasonal Vegetables</p>	<p>Seasonal Vegetables</p>	<p>Seasonal Vegetables</p>	<p>Seasonal Vegetables</p>	<p>Seasonal Vegetables</p>
<p>Fruit Sponge with Custard</p> <p>Fresh Fruit Selection</p> <p>Semi Skimmed Milk</p>	<p>50% Fruit Yoghurt</p> <p>Fresh Fruit Selection</p> <p>Semi Skimmed Milk</p>	<p>Iced Vanilla Sponge</p> <p>Fresh Fruit Selection</p> <p>Semi Skimmed Milk</p>	<p>50% Fruit Yoghurt</p> <p>Fresh Fruit Selection</p> <p>Semi Skimmed Milk</p>	<p>Cocoa Sponge</p> <p>Yoghurt</p> <p>Fresh Fruit Selection</p> <p>Semi Skimmed Milk</p>

**Additional Menu Options Available Daily**

Salad selection is available as an alternative to vegetables;  
 Fresh Drinking Water available daily  
 Chunky Bread available daily

**Week 4  
2015**